



## ***"Could your chronic cough be Habit Cough? Habit Cough can be cured without medication."***

*- Dr. Miles Weinberger, MD, University of Iowa Cough Clinic Founder*

**Dr. Weinberger's peer reviewed and published Habit Cough diagnosis, permanent cure & recovery procedure is available via-telemedicine, in-office, and by-proxy ~ in your home; simply by watching a YouTube documentary. Dr. Weinberger's by-proxy procedure is a self administered - no-cost, simple, satisfying, drug-free cure & recovery. Note: *Your doctor might certainly charge you a cost or a fee.***

**Cough is the #1 reason\* people go to the doctor.** Until now; in history ~ there has never been a cure. From a 1694 British medical textbook\*: *"habitual cough [absent once asleep] which often continues after the first Cough, which was caused by the Cold, is gone,..."* [post-viral - daytime cough] **Not every cough is a habit cough ask your doctor.**

### ***Sip - Suppress - Satisfying - Cured!***

*"And then...THE COUGHING STOPPED! Like turning off a switch." - Troy Thuma, Suamico, Wisconsin*

1. Rule out any comorbidities with; and **trust your doctor**. Tell your doctor about Dr. Weinberger's peer reviewed and published procedure. *Dr. Weinberger's procedure does not treat, or cure any comorbidities. You may contact Dr. Weinberger from anywhere in the world at no cost here: [www.HabitCough.com/contact](http://www.HabitCough.com/contact)*
2. Refer to Dr. Weinberger's habit cough diagnosis: "... [dry] acute, or chronic cough; absent once asleep; only to return once awake." (Your awake, daytime, unexplained, dry cough that is absent **once** asleep.) [www.HabitCough.com/diagnosis](http://www.HabitCough.com/diagnosis)
3. Watch the simple and satisfying "peer reviewed & published" habit cough cure video documentary (35 minute) with a tall glass of room temperature water, when your daytime/awake "horror cough" is at its worst! [www.HabitCough.com/thecure](http://www.HabitCough.com/thecure)
4. Follow Dr. Weinberger's simple instructions in the documentary that he provides to his child patient at the link above. **(Same exact procedure/video for adults and children.)**
5. **Note 1: Sip a tiny; "tongues-worth" of water upon the "spark" BEFORE the "flame". This means to sip a "tongues-worth" of water upon the "tickle" BEFORE the "cough". (Very important: Tiny sips only. Do NOT sip, or gulp any water atop the cough.)**
6. **Note 2:** If there is an increase in the time between coughs; and diminished intensity of the coughs; the procedure is taking effect. **Now, all you must do is practice the method.**
7. **Practice, practice, practice!** When you are done; *practice again; and again.* This might take a week or two, and **remember to keep your doctor in the loop.** They will want to know about your progress. Refer them to Dr. Weinberger's peer reviewed and published research website.
8. Dr. Weinberger states that **recovery is THE most important part** of his procedure. If children, and adults around the world can do it; **"... you can do it too!"**